

# Dining Room Prayer Time

Nineteen Sunday in Ordinary Time (Year A)

“LOOKING UP TO ROLE MODELS”

*Child/teen to lead by following purple instructions and reading the blue instructions.*

## Setup Sacred space

*Before the prayer. Spend 20 minutes collecting 3 or 4 items to set up the sacred space. Such as a candle, cross, image and flower or some greenery. Set this up on the dining table in your house. Choose a time that everyone can come together. You will also need colouring-in-pencils for the prayer. Print this worksheet for each person in your house. Ask an adult to light the candle at the start.*



## 1. Start

Let us put ourselves in God's presence by focusing on our breathing.

Breath in..... Breath out..... *(repeat this 4 times)*

As we light the candle we make the sign of the cross.

**ALL** – “In the name of the father and of the Son and of the Holy Spirit. Amen”

## 2. Gospel

Matthew Chapter 10 verse 24 to 33

*Child/teen to read -*

Jesus said to his Apostles:

"No disciple is above his teacher,  
no slave above his master.

It is enough for the disciple that he become like his  
teacher,

for the slave that he become like his master.

If they have called the master of the house the devil,  
how much more those of his household!

"Therefore do not be afraid of them.

Nothing is concealed that will not be revealed,  
nor secret that will not be known.

What I say to you in the darkness, speak in the light;  
what you hear whispered, proclaim on the housetops.

And do not be afraid of those who kill the body but  
cannot kill the soul;

rather, be afraid of the one who can destroy  
both soul and body in hell.

Are not two sparrows sold for a small coin?

Yet not one of them falls to the ground without your  
Father's knowledge.

Even all the hairs of your head are counted.

So do not be afraid; you are worth more than many  
sparrows.

Everyone who acknowledges me before others  
I will acknowledge before my heavenly Father.

But whoever denies me before others,  
I will deny before my heavenly Father."

*Child/teen to read -*

Sometimes children do not listen to their parents. Why is that? Is it because the parent does not understand their son or daughter, or maybe, because our children are not aware of something. Something that might place them in danger. Both are good reasons. However, Jesus is trying to get us to look beyond the surface of things. To look at a deeper purpose. In a fast-paced world, where demands call us to the next best thing, we can often miss the wisdom that life has on offer. We come to quick conclusions in quick moments of emotion. This causes us to judge in our hearts the reality before us. We divide life into good guys and bad guys. Jesus is trying to get us to appreciate the goodness that is before us even when we are not aware of this. This is how discipleship works. We are often led in a way we prefer not to go. In Matthew Chapter 18 Verse 4, Jesus says “unless you change and become like children, you will never enter the kingdom of heaven”. Are we open to appreciate and integrate the goodness even when we think this is badness? Do we monitor our negative self-talk and replace it with a hope filled expectancy? Do we recognise the glass as half empty or half full? Do we search for God in all the diversity in life?

## 3. Gospel Reflection

## 4. Second Reading

*Child/teen to read the Gospel a second time*

## 5. Colour

Colour in the following picture



## 6. Questions

Spend a few minutes completing the following questions, write and the discuss.

1. What is a slave? Do they exist today?
2. Is there a teacher you look up to? Why?
3. What does it mean to be a disciple?
4. Why do we judge quickly? Does this get in the way?

5. (parents) - Do you monitor your negative self-talk and replace it with a hope filled expectancy?

## 7. Prayers of the Faithful

We ask that God receives the following prayers:

A. We pray that might appreciate our guides and mentors in life. Lord hear us.

**ALL** : Lord hear our prayer.

B. We pray that we might find God in places we do not expect. Lord hear us.

**ALL** : Lord hear our prayer.

C. Does anyone else have a prayer they would like to share? ..... *PAUSE*.....

**ALL** : Lord hear our prayer.

## 8. Final Prayer

Dear God we ask that you receive all our prayers as we pray the Our Father together.

**ALL** - Our Father who art in Heaven. Hallowed be thy name. Thy Kingdom come. Thy will be done on Earth as it is in Heaven. Give us this day our daily bread and forgive us our sins. As we forgive those who sin against us. And lead us not into temptation, but deliver us from evil. Amen.

As we blow the candle out we ask that God remains with us.

We make the sign of the cross.

**ALL** – “In the name of the father and of the Son and of the Holy Spirit. Amen”