

Dining Room Prayer Time

Twenty Second Sunday in Ordinary Time (Year A)

“FOLLOW JESUS”

Child/teen to lead by following purple instructions and reading the blue instructions.

Setup Sacred space

Before the prayer. Spend 20 minutes collecting 3 or 4 items to set up the sacred space. Such as a candle, cross, image and flower or some greenery. Set this up on the dining table in your house. Choose a time that everyone can come together. You will also need colouring-in-pencils for the prayer. Print this worksheet for each person in your house. Ask an adult to light the candle at the start.

1. Start

Let us put ourselves in God's presence by focusing on our breathing.

Breath in..... Breath out..... *(repeat this 4 times)*

As we light the candle we make the sign of the cross.

ALL – “In the name of the father and of the Son and of the Holy Spirit. Amen”

2. Gospel

Matthew Chapter 16 verse 21 to 27

Child/teen to read -

Jesus began to show his disciples that he must go to Jerusalem and suffer greatly from the elders, the chief priests, and the scribes, and be killed and on the third day be raised. Then Peter took Jesus aside and began to rebuke him, "God forbid, Lord! No such thing shall ever happen to you." He turned and said to Peter, "Get behind me, Satan! You are an obstacle to me. You are thinking not as God does, but as human beings do."

Then Jesus said to his disciples, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it. What profit would there be for one to gain the whole world and forfeit his life? Or what can one give in exchange for his life? For the Son of Man will come with his angels in his Father's glory, and then he will repay all according to his conduct."

3. Gospel Reflection

Child/teen to read -

Sometimes in life we can get caught up in what we want or what the popular opinion would have us think. Thinking like “What new toy do we want or what new thing which will make all the difference?” Jesus flips this reality on its head. Jesus says to his apostles and followers “that he would suffer and be killed” or saying it another way “things are going to fall apart”. BUT, the disciples do not want things to fall apart. They don't want their Jesus to die. The disciples do not want to lose control their things. To loose control of life. But this is the nature of life. Birth and Death.

However, Jesus does not leave the story with death. He provides the disciples with hope. Hope of life after death. Hope that we will move through the suffering. Hope that our plans are not always God's plans. This is a vision

What must we do? Jesus says “follow”. Let go of our human ways of seeing things and embrace a vision which moves well beyond ourselves. We must step out on the journey. Take a risk in life. Not for our own sake. But for God. God's vision. The Kingdom of God. If we remove the “G” in Kingdom. We get “Kin Dom”. OR “kinship”. Our relationships we form offer a doorway to God.

4. Second Reading

Child/teen to read the Gospel a second time

5. Colour

Colour in the following picture

6. Questions



Spend a few minutes completing the following questions, write and the discuss.

1. What does Jesus say will happen to him?
2. How does Peter respond?
3. What does Jesus call us to do?
4. What 3 ways can we follow Jesus?
5. (parents) – How in your life has the path or road following Jesus changed?

7. Prayers of the Faithful

We ask that God receives the following prayers:

A. We pray that we might be called to follow Jesus. Lord hear us.

ALL : Lord hear our prayer.

B. We pray that we might trust Jesus

and look for a wider vision of seeing God in life. Lord hear us.

ALL : Lord hear our prayer.

C. Does anyone else have a prayer they would like to share? *PAUSE*.....

ALL : Lord hear our prayer.

8. Final Prayer

Dear God we ask that you receive all our prayers as we pray the Our Father together.

ALL - Our Father who art in Heaven. Hallowed be thy name. Thy Kingdom come. Thy will be done on Earth as it is in Heaven. Give us this day our daily bread and forgive us our sins. As we forgive those who sin against us. And lead us not into temptation, but deliver us from evil. Amen.

As we blow the candle out we ask that God remains with us.

We make the sign of the cross.

ALL – “In the name of the father and of the Son and of the Holy Spirit. Amen”